TVXC League: Detailed Results 'Metros 2019/20' - 6th October 2019.

Results in bold contribute towards the team score.

Category: M = Male, F = Female, S = Senior, V = Vet, K = No Club Kit, G = Guest.

For up to date results please check the TVXC website

| Pos | Time | Club | Runner | Cat | M Score | F Score |
|---|---|---|---|---|---|---|
| ***10*** | ***00:36:57*** | ***MS*** | ***Derek Lloyd*** | ***MV*** | ***10*** | ***-*** |
| ***41*** | ***00:40:36*** | ***MS*** | ***Tom Pinkham*** | ***MS*** | ***38*** | ***-*** |
| ***51*** | ***00:41:16*** | ***MS*** | ***Chris Pinkham*** | ***MS*** | ***48*** | ***-*** |
| ***67*** | ***00:42:14*** | ***MS*** | ***Rohit Patel*** | ***MS*** | ***62*** | ***-*** |
| 86 | 00:43:36 | MS | Ben Hargreen | MSG | - | - |
| ***116*** | ***00:45:41*** | ***MS*** | ***Rich Warner*** | ***MV*** | ***101*** | ***-*** |
| ***118*** | ***00:45:45*** | ***MS*** | ***Lyndsay Markham*** | ***FV*** | ***-*** | ***14*** |
| ***127*** | ***00:46:22*** | ***MS*** | ***Mickey Price*** | ***MV*** | ***109*** | ***-*** |
| 194 | 00:50:30 | MS | Phil Ede | MV | 154 | - |
| 220 | 00:52:46 | MS | Nick Cooke | MV | 167 | - |
| ***234*** | ***00:54:01*** | ***MS*** | ***Oonagh Thompson*** | ***FV*** | ***-*** | ***53*** |
| ***240*** | ***00:54:21*** | ***MS*** | ***Sara King*** | ***FV*** | ***-*** | ***57*** |
| ***246*** | ***00:54:36*** | ***MS*** | ***Jenna Thatcher*** | ***FV*** | ***-*** | ***61*** |
| 267 | 00:56:00 | MS | Emma Mills | FV | - | 71 |
| 285 | 00:57:55 | MS | Paul Hawkes | MV | 198 | - |
| 286 | 00:57:56 | MS | Ann Bowles | FV | - | 83 |
| 287 | 00:58:03 | MS | Alice Banks | FV | - | 84 |
| 293 | 00:59:06 | MS | Kate Cooke | FV | - | 88 |
| 336 | 01:04:41 | MS | Sophie Hoult | FS | - | 113 |
| 341 | 01:05:52 | MS | Laura Mann | FV | - | 118 |
| 360 | 01:10:28 | MS | Sian Barrow | FS | - | 130 |